

EDUCATION 459-4

Instructional Activities in Elementary
School Physical Education (For P.E. Minors Only)

Intersession 1977

Prerequisite: EDUC 401/402
or equivalent.

Instructor: Dr. G. Kirchner

This course is one of two required Physical Education course in the Minor Program.

The main instructional activities of an elementary school physical education program (K-7). Emphasis is given to the movement analysis of a variety of activities and to approaches to teaching these activities to primary and intermediate school age children.

Course Syllabus
for
Education 459 - 4
Instruction Activities in
Physical Education

Vector (2-0-2)

1. General Description

This course includes an analysis of the basic physical activities that are taught to primary and intermediate school age children.

2. Method of Presentation

2 hours lecture
2 hours lab

3. Major topics

(1) Nature and analysis of movement

- Basic mechanics of movement
- Fundamental movement skills
- Laban's analysis and principles of movement
- Physical development and movement

(2) Teaching Game Activities

- Structure and analysis
- Low-organization, individual and dual activities
- Team and individual sports
- Creative games

(3) Teaching Dance Activities

- Structure and analysis
- Traditional and contemporary dances
- Creative dances activities

(4) Teaching Gymnastic Activities

- Structure and analysis
- Traditional gymnastic activities
- Movement education

(5) Remedial Activities

- Perceptual motor activities
- Posture and physical fitness

(6) Recreational Activities...

- Intramural activities
- Extra-class activities

(7) Evaluative Methods and Techniques

- Individual assessments
- program assessments

4. Student Evaluation

Student evaluation in this course will include essays, projects and special assignments (book reviews, class presentations etc.)

5. Bibliography

In addition to the fourteen standard textbooks that are available in every elementary school in the province (under Issue E), the following references will be used in this course.

Siedentrop, D. Physical Education: Introductory Analysis, Dubuque, W.M.C. Brown, 1972.

Metheng, E. Movement and Meaning, New York, McGraw-Hill, 1968.

Willgoose, C.E. Evaluation of Health and Physical Education, Englewood-Cliffs, Prentice-Hall, 1969.

Cratty, B. Movement Behavior and Motor Learning, Philadelphia, Lea and Febijner, 1967.

Wells, K.F. Kinesiology The Scientific Basis of Human Motion, 5th ed., Philadelphia, W.B. Saunders, 1971.

Logan, G.A. Adapted Physical Education, Dubuque, W.M.C. Brown, 1972.

EDUC. 459-4 INSTRUCTIONAL ACTIVITIES
EDUC. 479-4 DESIGNS FOR LEARNING: PHYSICAL EDUCATION
(Minors Only)

NOTE: These courses are only open to P.E. Minor students

INSTRUCTOR: Dr. G. Kirchner

LOCATION: MPX 7541

CLASS SCHEDULE: Educ. 459 Mondays/Wednesdays 8:30 - 12:20 - Intersession
Educ. 479 Mondays/Wednesdays 8:30 - 12:20 - Summer Session

PREREQUISITE: Educ. 405

These two courses are designed for P.E. minors who have completed Educ. 401, 402 and 405. Topics to be covered during this integrated course include:

1. Curriculum design - instructional and intramural.
2. Teaching strategies.
3. New trends and developments in Elementary P.E.
4. Mainstreaming handicapped children.
5. Facilities and equipment.
6. Extra - class activities.
7. Formative and summative evaluation.
8. Appropriate instructional activities for Primary and Intermediate children.
9. Health related Physical Fitness programs.

REQUIREMENTS:

Evaluation of this course will be based upon written examinations, projects and individual and group presentations.

TEXTBOOKS:

Kirchner G., Physical Education For Elementary School Children, Sixth Edition, Dubuque, W.M.C. Brown Co., 1985.

EDUC. 459-04 Instructional
Activities in Elementary School
Physical Education

Note: For Elementary School Physical Education Minors ONLY.

Summer Session (July 2 - August 8)

Instructor: G. Longstaff

Times: Monday, Wednesday 8:30 - 11:20
Friday 8:30 - 10:20

Location: ASB. 1180

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1975

Calendar Information

Education 459-4

Vector Description (2-0-2)

Title: Instructional Activities in Physical Education

Calendar Description:

This course deals with the main instructional activities of an elementary school physical education program (K-7). Emphasis is given to the movement analysis of a variety of activities and to various approaches to teaching these activities to primary and intermediate school age children.